

The Apple Tree Learning Centers Health, Illness, and Medication Policies

Guidelines for Excluding Sick Children and Staff

Parents are expected to pick up sick children within the hour to prevent the spread of infection to other children and staff, and allow them time to rest, recover, and be treated for the illness.

Our program follows exclusion and return-to-care guidelines listed on the Arizona Department of Health Services Communicable Disease Flipchart or as advised by the local health department. However, if program staff have concerns about a child's ability to remain in care or return to care, a note from the child's health care provider may be required.

Signs and Symptoms for Exclusion

Individuals arriving with the following signs and symptoms, or who develop them while at our program, cannot remain in the program.

- Fever of 100* axillary (under the arm) if other signs and symptoms of illness are present (e.g. diarrhea, rash, earache, sore throat)
- Fever of 101* axillary (under the arm) or greater, even if no other signs and symptoms are present
- Sores that are open, infected, or not easily covered
- Vomiting more than 2x in 24 hrs*
- Diarrhea* (3x a day)
- Earache
- Red eyes with discharge
- Lice or nits
- Red, draining eyes
- Lice or scabies
- Undiagnosed rash
- Not feeling well enough to participate in the day's activities
- Unusual mood or behavior that will make it difficult for staff to care for the other children in the program

Your child must be symptom free for 24 hrs before returning to the center. This precaution will lessen the chance of your child's condition worsening and exposing others to the illness.

If child is noticed with these symptoms at the center, parents will be notified. If parent cannot be reached, the emergency contact on the child's emergency card will be called. If a parent is requested to pick up a sick child, the center expects the child to be picked up in a reasonable period of time (30 minutes) by either the parent or an emergency contact.

***Teething is NOT an acceptable explanation for these conditions. Exclude as if teething were not taking place.**

IF YOUR CHILD HAS CONTRACTED A POTENTIAL INFECTIOUS ILLNESS, YOU ARE REQUIRED TO INFORM THE DIRECTOR OF THE ILLNESS, SO THAT OTHER FAMILIES CAN BE NOTIFIED. CONFIDENTIALITY WILL BE MAINTAINED AND THE NAME OF THE ILL CHILD WILL NOT BE USED WHEN POSTING THE ANNOUNCEMENT.

Medication Policy

- Prescription and/or non-prescription medication may not be administered unless an “authorization for administration of medication” form had been completed by a parent and approved by the director.
- Prescription medications shall remain in the **original** container listing the doctor’s name, dosage, and date, with the child’s name, and will only be dispensed when all program medication authorizations have been completed full.
- Parent/guardian may come to the site to administer medication to their child.
- Prescription and over the counter medication **will not be given** if the expiration date has passed.
- Medication may not be sent to the program with the child; the parent/guardian must bring the medication into the program and complete all necessary forms.
- The Director or a staff member officially designated by the Director will administer medication.